



# Tuakau Adult Riding Club

## Cross Country / Show Jumping Practice Day

Tuakau Pony Club Grounds, River Road, Tuakau

**Saturday 27<sup>th</sup> November 2010**



XC Heights – Pre-Intro  
Intro  
Pre-Training  
Training

**BACK PROTECTORS & ARM BANDS COMPULSORY**

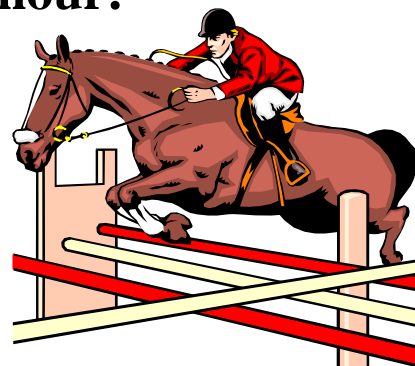
**Courses open 10.00am – 4.00pm**

**\$10 round XC / \$5 round SJ**

**\$10 Ground Fee**

**SJ Course Heights raised every hour:-**

10am	–	11am	–	50cm
11am	–	12pm	–	55cm
12pm	–	1pm	–	60cm
1pm	–	2pm	–	70cm
2pm	–	3pm	–	80cm
3pm	–	4pm	–	90cm



**Enquiries ph Lynette (09) 235 3571 or (021) 650 962**  
**Refreshments available**